

# PTSD Support Group

Join us every 2nd & 4th Tuesday (excluding Christmas Eve) from 6-7:30 PM to navigate trauma through open discussion and learning new coping skills with your peers. This is a free group for everyone 18+.

**1625 State Route 88**

**Suite 101**

**Minden, NV 89423**

**775-783-1510**

**Suicide  
Prevention  
Network**



**@spnawareness**

**www.spnawareness.org**